



European
ayurveda
association

One voice for Europe

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To members and friends of EUAA

Dear members and friends of EUAA,

First of all we wish you a healthy, prosperous and peaceful 2018.

The beginning of the New Year is a good opportunity to share news from our Association.

Firstly an introduction. I am Ravidas Korn, the new President of EUAA, since May 2017. As one of the founding members I worked for EUAA as Vice-President so far. My Ayurveda training was gained in India in the old gurukul style over about eight years under the guidance of Shreeguru Balaji També. In Germany I am President of Santulan Veda, which works for propagating Yoga and Ayurveda in the German speaking countries. Since 1994 I am also Director of Santulan AUM Kurzentrum in Germany, a holistic Ayurveda center which offers mainly Panchakarma.

EUAA was established in 2007. Dr. Harsha Gramminger was the Founder President and has been President to May 2017. Harsha's untiring efforts is the main reason why EUAA has become popular among Ayurveda professionals in Europe and is also a respected partner of the Indian government. She organized the first World Ayurveda Congress in Europe (EWAC) 2009 in Baden-Baden, Germany and the second one, EWAC2 in 2016 in Koblenz also in Germany (www.ayurvedacongress.eu/en). The two Congresses have helped boost Ayurveda activities in Europe and strengthened EUAA's ties with the Indian Government.

Thank you Harsha for the excellent leadership which you have done as President for EUAA!

In May 2017 Vaidya Rajesh Kotecha became Secretary of AYUSH. This post so far was held by professional administrators and the appointment of an expert is a welcome development. The ayurvedic community worldwide can now expect more support from the Indian Government and during his first few months in office Vaidya Kotecha has already shown well his earnestness in spreading the message of Ayurveda. He is eager to support a variety of Ayurveda projects. So if you have an idea for such a project please contact us so that we can connect you with the concerned persons in the Ministry of AYUSH in New Delhi.

A very important aspect of EUAA's activities in 2017 was the promotional-work in Brussels. EUAA is a member of EUROCAM (<http://www.cam-europe.eu/>), which is an European umbrella foundation for complementary and alternative medicine (CAM). Antimicrobial Resistance (AMR) is a serious threat to modern healthcare systems across Europe and the world and is of great concern in the European Parliament. The European Commission therefore supports a project which gives an opportunity for offering evidence of CAM treatments as an alternative to antibiotics for management of upper respiratory tract infections (URTI). So if you know universities or professors in France, Germany, Switzerland, UK and Netherlands who have experience or even research results in this alternative field (ayurveda, anthroposophic medicine, herbal medicine, homeopathy and traditional Chinese medicine) please forward this information to me.

The participation in this survey can be a big step forward for Ayurveda in getting recognized in Europe.

In May or June 2018 EUROCAM will host a symposium in Brussels, where the results of this research project will be presented to an audience of European Commission representatives, members of the European Parliament the European Council of Disease Control and Prevention, EU research policy advisors, AMR policy advisors, health NGO's, mainstream medical organisations and CAM representatives will be invited as well.

Ayurveda continues to be strongly supported by the Indian Prime Minister Narendra Modi. His sentiments and wishes for promotion of Ayurveda globally was presented in a public address to coincide with the 2nd Ayurveda Day and the formal inauguration of the All India Institute of Ayurveda, New Delhi:

"For the past 30 years, the IT revolution has been seen in the world. Now there should be a health revolution under the leadership of Ayurveda. Let us swear on this auspicious day: 'We will practice Ayurveda, we will keep Ayurveda alive and we will live for Ayurveda.'"

The Ayurveda Day was also celebrated in the British Parliament, the Parliamentary Early Day Motion read ... *"that this House recognizes the 2nd Ayurveda Day on 17 October 2017 espoused by the Indian Government in 2016...; notes that since the dawn of human civilization, Ayurveda is credited with the distinction of being the first indigenous medical system; accepts that Ayurveda is a means of maintaining good health; further recognizes that Ayurveda empowers patients and restores them as agents of their own health and healing; and urges the consideration of Ayurveda to be included as part of prevention and well-being initiatives for NHS."*

Other good news for the Ayurveda fraternity:

Dr Mrs Soumya Swaminathan, Director General of the Indian Council for Medical Research has been nominated as one of the two Deputy Director General of Programmes (DDP) at the World Health Organization by the Director General Dr. Tedros Adhanom Ghebreyesus, a recognition of the need for an Indian voice in the WHO.

The University of Milan (Università degli Studi di Milano) has approved a course "Introduction to Ayurveda, The Indian Traditional Medicine" – an optional course for the medical students of the 5th and 6th year students by. Dr. Antonio Morandi, Chairman & Director, School of Ayurvedic Medicine "AyurvedicPoint" (www.ayurvedicpoint.it/)

In Germany a meeting of German Ayurveda representatives was held in Kassel on 18 September 2017. The event was hosted by Ayurveda Klinik Kassel, Habichtswald-Klinik Werner Wilhelm Wicker GmbH & Co KG Bad Wilhelmshöhe (<https://www.ayurveda-klinik.de/>). This was the third event to enable the establishment of a national Ayurveda roof organization for Germany, which shall give a platform for all persons and organizations who work in the field of Ayurveda in Germany. The founding meeting will be held later this year in March.

In September, the 19th International Ayurveda Symposium (<http://www.ayurveda-symposium.org/index.php/en/programm/symposium-2017>) took place in Birstein, Germany. The focus of this year's Ayurveda Symposium: The Heart. More than 200 physicians, therapists and health advisors from India and Europe were at the campus of the European Academy for Ayurveda.

AYUSH had established the first chair for Ayurveda in Europe in 2014 at the University in Debrecen, Hungary. In October an Indo-Hungarian Symposium about "Evidence Based Ayurveda" took place. An event for Hungarian medical doctors, Pharmacy faculty members, Public health professionals and Nursing professionals. (asmitawe@unideb.hu)

EUAA is an active member in debates / workshops and discussions in the European Parliament and in other venues in Brussels.

Monday 4 September 2017, European Parliament: Antimicrobial resistance (AMR)

Monday 25 September 2017, European Parliament: Autoimmunity: Autoimmune Diseases – Modern Diseases

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Monday 16 October 2017, European Parliament: Workshop on “Complementary and alternative therapies for patients today and tomorrow”. Representatives from DG SANTE, European Commission, World Health Organization, CAMbrella Project (<https://cambrella.eu/home.php>), a European research network for complementary and alternative medicine (CAM) and EUROCAM (www.cam-europe.eu/) and also from EUAA were present.

Thursday 19th of October: “Seeds as Commons”, <http://organic-plant-breeding.org/verbraucher/aktuell/veranstaltungen/conference-seeds-commons>, at the Representation of the State of North Rhine-Westphalia to the European Union

22 November 2017, European Parliament: ENVI Committee Public Health Workshop: Limits and Potential of the Public Health Programme

Reports of these events in the European Parliament are available at the European Parliament ENVI (Environment, Public health and Food Safety) Committee web site:
<http://www.europarl.europa.eu/committees/en/envi/events-workshops.html>

EUAA was represented by our board-member Madan Thangavelu. Thank you Madan for your untiring work for our organization!

In November 2017 the Indian Ministry for Ayurveda (AYUSH) had organized a congress in Dubai. There I could meet the Minister Shripad Naik and the newly appointed AYUSH Secretary, Vaidya Rajesh Kotecha. The Ministry of AYUSH, Government of India wishes to establish Ayurveda chairs at European universities and have requested EUAA to help in identifying partner universities. So if you know about universities or professors who might be interested in cooperating with the Indian government in this matter then please forward this information to me.

Finally, information about some major Ayurveda and Complementary, Alternative and Traditional Medicine events, which might interest you:

12th to 15th of March in Rio de Janeiro: International Ayurveda congress

<http://congrepics.saude.gov.br/#!/>

12th to 15th March in Barcelona: Medical congress about Chinese Medicine

<https://www.mapado.com/en/barcelona/9th-international-conference-and-exhibition-on-chinese-medicine>

20th to 22nd of April 2018 in Berlin: Vegmed, a medical congress about vegetarian food
(<http://vegmed.de/content/VegMed-2018-Programm.pdf>)

6th to 8th of July London: Congress about Naturopathic Medicine <http://icnmnaturopathy.eu/en/>

1st to 2nd of September 2018 Leiden Netherlands: International Ayurveda Congress

<https://internationalayurvedacongress.com/leiden-2018/>

21st to 23rd September 2018: Ljubljana Slovenia, European Congress for Integrative Medicine

<http://www.ecim2018-slovenia.org/>

If you have news about what is going on in your country regarding Ayurveda please let me know, we will put it on our homepage, which will be updated over the next weeks.

Let us all successfully work for spreading Ayurveda in Europe in 2018 and the years ahead.

With best wishes

Reinhard Ravidas Korn

President

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